



TANDOORI RED CURRY CHICKEN BOWL



BRAISED BUTTER CHICKEN BOWL



TARTS

## DESSERTS

Please see our website for the daily offerings of freshly prepared sweets, guaranteed baked on the same day.

[www.mybowls.ca/menu](http://www.mybowls.ca/menu)



CUPCAKES



PIES

## BEVERAGES

Canned Pop	\$1.70
Coke/Pepsi/Diet Coke/Coke Zero/Diet Pepsi/Sprite/Ginger Ale/Nestea Iced Tea	
Fruit Juice	\$2
Apple/Orange	
Perrier 250 ml	\$2.25
Perrier 330 ml	\$2.95
San Pellegrino 250 ml	\$2.50
Arizona	\$2.50
Jarritos	\$2.95
Snapple	\$3.25
Coconut Water 310 ml	\$3.00
Coconut Water 500 ml	\$3.75
Naya Spring Water 1L	\$2.50

[mybowls.ca](http://mybowls.ca)



## DELIVERY/PICK UP MENU

[order@pepperberry.ca](mailto:order@pepperberry.ca)  
416.497.3888

19 Waterman Ave. Suite 106  
East York, ON M4B 1Y2

[WWW.MYBOWLS.CA](http://WWW.MYBOWLS.CA)

## HOUSE SPECIALS

**Panko Crusted Avocado Bowl** \$12  
crisp panko crusted avocado halves tossed in gochujang sauce, vegetable medley, and chow mein noodles

**Salt & Pepper Shrimp Pad Thai Bowl** \$14  
fried shrimp in spiced salt, tamarind glazed vegetables with rice noodles

**Hot Honey Crisp Chicken Bowl** \$12  
crisp and tender chicken tossed in house hot honey, sweet ginger glazed vegetable on top of chow mein noodles

**Crisp Ginger Beef Bowl** \$13  
marinated and fried crisp beef strips, carrots, onion, peppers in sweet ginger glazed mixed with udon noodles

**Tandoori Red Curry Chicken Bowl** \$13  
tandoori shredded chicken, our vegetable medley finished in house red coconut curry with Basmati rice

**Braised Butter Chicken Bowl** \$13  
pulled chicken in rich tomato curry cream, peppers, onions, fresh mango, finished with coriander yogurt and served with naan and Basmati rice

### OPTIONAL ADD ONS:

- Add 4oz Short Rib \$6
- Add 4oz Grilled Chicken Breast \$6
- Add 4oz Salmon Filet \$6



SALT & PEPPER SHRIMP PAD THAI BOWL



HOT HONEY CRISP CHICKEN BOWL



CRISP GINGER BEEF BOWL



PANKO CRUSTED AVOCADO BOWL

## BUILD YOUR OWN

Regular (4 oz) \$9  
Large (5 oz) \$12

### Choice of Starch:

Rice, Chow Mein Noodles, Udon Noodles,  
Rice Noodles

### Choice of Protein:

#### Meats:

Short Rib, Grilled Chicken Breast, Salmon Filet

#### Non-Meats:

Panko Crusted Avocado, Crispy Tofu,  
Steamed Egg

### Choice of Sauce:

Sweet Ginger Glaze, Thai Red Curry, Bulgogi,  
Korean Gochujang, Tamarind Sauce

All bowls will have the following Vegetables  
(specify in your order/call us if you would not  
want all these)

Cabbage, Bok Choy, Carrot, Onion, Pepper,  
Broccoli Slaw

All bowls will have the following Garnishes  
(specify in your order/call us if you would not  
want all these)

Fresh Lime, Coriander, Basil, House Chili paste,  
Scallion, Cucumber Slaw, Tamari Peanut

### OPTIONAL ADD ONS:

- Add 4oz Short Rib \$6
- Add 4oz Grilled Chicken Breast \$6
- Add 4oz Salmon Filet \$6